Work & Careers

Tip of the week

How to make decisions faster

The key to making better decisions faster is understanding your priorities and values, says career development specialist Amalia Chilianis. Three ways to identify your priority values are:

- 1. Reflect on the guiding principles that are most important to you in your life. For many it might be family, relationships, financial security, respect, equality, the list goes on.
- 2. Think about the last difficult decision you made. What were the underlying values that helped you make your final decision or judgment?
- 3. Look at your "hot buttons", the things that really make you angry. The underlying reason as to why that situation or action makes you angry is because it conflicts with one of your priority values. Write down what they are.